

Do you need assistance to get prescriptions or groceries?

The GBENA Volunteer Group is still assisting residents of Great Baddow

Since we began in March we have fulfilled over a thousand requests!

If you need someone to get your groceries, drop a repeat prescription slip to your GP, or collect prescriptions, please contact either of our co-leaders and they will put the local volunteer for your area in touch with you.

We also offer a friendly chat to those who might be feeling anxious or lonely.

Nichola Deag: **07525 132475**

Mary Cordeiro: **07720 622880**



THE CROWN
SANDON



Traditional Pub and beautiful Tea Rooms in Sandon.
www.crownsandon.co.uk Tel. 01245 477164

Please support your local independent businesses:

Thurley Meats

4 The Vineyards. Tel: 01245 472843

The Vines, greengrocers

3 The Vineyards. Tel: 01245 472843

Moda Turkish Restaurant

13 The Vineyards. Tel: 01245 477500

The Pillbox pharmacy

152 Meadgate Ave. Tel: 01245 356388

Lathcoats Farm shop

Beehive Lane. Tel: 01245 353021

Bluebell Homecare

Tel: 01268 669928